



# 2017 GLACIER CHALLENGE

**Competition Announcement**

**Beginner - Senior  
and  
Compete USA (Learn to Skate USA)**

**Sanctioned by US Figure Skating and Skate Canada  
Hosted by the Missoula Figure Skating Club**

**March 24 and 25, 2017  
Test Session: March 23, 2017**

**Glacier Ice Rink  
Missoula, MT**

**LOC: Pam Hergett (406) 544-6990  
Beth LaConte (406) 546-7029  
Please no calls after 9:00 pm**

**Chief Referee: Mary Ann Wilcox  
Accountant: Marilyn Anders**

**All Entries submitted through [Entryeze.com](http://Entryeze.com)**

**Entry Deadline: February 12, 2017**





The 2017 Glacier Challenge will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the [2017 US Figure Skating Rule Book](#) as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

**SERIES INFORMATION** Dramatic and Light Entertainment Showcase events are part of the **National Showcase Competition**. **The Improvisational events are NOT eligible for National Showcase.**

**ELIGIBILITY/TEST LEVEL:**

**Test level:** Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event. Skaters who placed in the top four in a final round of their last qualifying competition in their divisions must move up one level, except for novice and higher.

**Age restrictions/requirements:** Skaters entering juvenile free skate events (Well Balanced Program) must be under 14 years of age at the close of entries. Skaters entering open juvenile free skate events (Well Balanced Program), must be at least 14 years of age at the close of entries.

Skaters entering beginner–pre-juvenile events will be divided as closely as possible by age should the number of entries warrant more than one group.

**ENTRIES:** All registrations for the 2017 Glacier Challenge will be held on line with Entryeze. Close of entries is February 12, 2017. Late entries will be accepted at the discretion of the Chief Referee and LOC and will be charged a \$30.00 late fee. Skaters will not be allowed to practice or compete until all payments are current.

All events are separate.

Notification of competition and practice ice times will not be available by phone, mail or email. Skater and coaches schedules will only be available through Entryeze.

Two or more entries in a category will constitute an event. Where there is only one skater entered in an event, an exhibition may be offered at the discretion of the Chief Referee or a refund will be made. Groups may be divided or combined by age, sex or numbers at the discretion of the Chief Referee. Event eligibility is based on test status as of the entry deadline.

Where there is only one skater entered, and the event cannot be combined, an exhibition may be offered at the discretion of the Chief Referee or a refund will be made. If more than one competitor/team enters but, due to withdrawals, only one competitor/team appears at a singles, pairs, ice dance or synchronized skating event, the referee will offer the competitor/team the option to skate. If the competitor/team chooses to skate, judges will award their marks according to the rules and the applicable scoring system used, and the competitor/team will receive first place. **If the competitor/team chooses not to skate, the entry fee will be refunded. The \$10.00 administrative fee will not be refunded.**

**REFUND POLICY:** Entry fees will not be refunded after February 12, 2017 unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals. The online processing fees are not refundable. Checks returned for non-sufficient funds and contested credit card charges will be issued a \$30 fee. Payment of the fee will be required before the skater is allowed to participate in practice ice or events. Notification of competition and practice ice times will be available by Entryeze.



**In accordance with US Figure Skating Rule 3047: Once entries have closed, entry fees are only refundable if the competition is not held.**

**Refunds requested prior to the close of entries: All entries include a non-refundable \$10.00 administrative fee.**

**REFEREE:** The decision of the Referee on all matters will be final. The Referee, along with the competition co-chair persons shall have the right to exclude any person or competitor whose behavior is unruly or unsportsmanlike.

**COSTUMING AND PROPS:** No feathers of any kind are permitted on the ice as part of costuming or props

**FACILITIES:** The competition will be held at Glacier Ice Rink which is located at 1101 South Ave West, Missoula, MT at the Missoula County Fairgrounds (406) 728-0316. The ice surface is an indoor rink 200'x85' with rounded corners. Locker rooms and concession facilities are available. There is bleacher seating in the arena. There are a variety of restaurants nearby.

**MUSIC:** Music will be supplied through the Entryeze upload system only. The official competition music must be submitted through Entryeze by March 11, 2017. A CD or MP3 on a USB flash drive (no CD-RWs) should be readily available at rink side during the competition. Music may be picked up at the registration table following each event. Every reasonable care will be taken, but the Missoula Figure Skating Club cannot be responsible for CDs left at the end of the competition.

**LIABILITY:** U.S. Figure Skating, the Missoula Figure Skating Club and Glacier Ice Rink accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

**JUDGING SYSTEM:** All events will be judged using the 6.0 Majority judging system.

The International Judging System (IJS) will not be used for any events.

**REGISTRATION:** Registration will begin on March 24, 2017. Registration will be open one to two hours before the first event and run through the last event of the day. The registration table will be located in the lobby of Glacier Ice Rink). Please register promptly upon arrival.

**PRACTICE ICE:** Practice ice may be purchased on Entryeze for the cost of \$15/20 minute session. No music will be played during practice ice. Each twenty (20) minute practice session will cost \$15.00. The practice ice will be assigned based on availability and qualifications. After the close of entries, a date and time will be established when additional practice ice can be purchased electronically online. The skater may login to their entry and possibly adjust his/her schedule or purchase additional practice ice. The skater will only be able to select practice ice sessions for a session that has not reached the maximum allowable number of participants and for which he/she qualifies. Practice ice money is non-refundable. Practice ice will be assigned in the order of receipt of reservations.

**OFFICIAL NOTICES:** An official bulletin board will be maintained in the lobby of Glacier Ice Rink. It is the responsibility of each competitor, parent and coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive 45 minutes prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition on Entryeze.

**NO MUSIC WILL BE PLAYED DURING ANY OF THE PRACTICE ICE SESSIONS**

**PHOTOGRAPHY/VIDEOGRAPHY:** Professional podium photography will be available following each event. No professional on-ice photography or videography will be available during the event. Photography and videography will be allowed from the stands. Please obtain the permission of the skater/guardian prior to recording their events.

**NO FLASH PHOTOGRAPHY OF ANY KIND IS ALLOWED.**



**AWARDS:** Awards will be given for first through third place for Beginner through Senior levels and Adult Beginner and Above. Awards will be presented immediately following the posting of the results for each event. Medals will be presented to the top three winners in each group. All participants in the Compete USA levels Snowplow Sam - Freestyle 6 and Compete USA Adult events will receive an award. There will be no final rounds.

### ***Kay Spencer Memorial Judges Choice Award***

- Kay Spencer Memorial Judges Choice for Overall Performance – Beginner through Pre-Juvenile
- Kay Spencer Memorial Judges Choice for Overall Performance - Juvenile through Senior

***The year 2015 marked the passing of our friend and much respected local judge Kay Spencer. Kay was a long time member of the Missoula Figure Skating Club and was fundamental in the launch of the Glacier Challenge. Kay devoted countless hours of volunteer time working with our skaters, providing feedback from a judges' perspective and showing by every action and word her commitment to the sport and encouraging all of our skaters to become their personal best.***

***For this award the focus is on diversity and musicality. The Kay Spencer Memorial Judges Choice awards will be presented to individuals or groups who, in the judges' opinion, reflect the best the sport has to offer in terms of their ability to captivate the audience through performance and musicality. This skater must demonstrate a diverse understanding of musical interpretation, exceptional entertainment ability, good sportsmanship and a sense of comradery.***

**EVENT COSTS**

Event Costs Introductory Levels and Above	Introductory Level Free Skate (Beginner, High Beginner)	\$50
	Test Track Free Skate (Pre-Preliminary - Senior)	\$65
	Well Balanced Free Skate (No-Test - Senior)	\$65
	Short Program	\$50
	Compulsory	\$25
	Team Skill Event	\$10/skater
	Pairs Short Program	\$80
	Pairs Free Skate	\$80
	Solo Pattern Dance	\$40
	Solo Free Dance-Non Series	\$65
	Partnered Pattern Dance	\$80
	Partnered Short Dance	\$80
	Partnered Free Dance	\$80
	Showcase Solo (Light, Dramatic, Improvisation)	\$40
	Showcase Duet	\$50/Duet
	Showcase Mini Production (3-7 participants)	\$60/Group
Showcase Production (Greater than 7 participants)	\$90/Group	
Event Costs Compete USA Events (Formerly Basic Skills) Event Internet located at end of announcement	Basic Skills Elements (Snowplow Sam through Basic 6 and Adult Basic 1-6)	\$25
	Free Skate Compulsory Moves (Pre-Freeskate to Freeskate 6)	\$25
	Basic Program Event (Snowplow Sam Through Basic 6 and Adult Basic Skills)	\$30
	Free Skate Program Event (Pre-Freeskate to Freeskate 6)	\$30
	Basic Skills Showcase Events(Snowplow Same Through Basic 6 and Adult Basic 1-6)	\$30
	Free Skate Showcase Events (Levels 1-6)	\$30

**INFORMATION REGARDING COACHES:**

**U.S. Figure Skating Rule MR 5.11 Coach Registration**

In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

- A. Must be a current full member of U.S. Figure Skating - either through a member club or as an individual member;
- B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen.
- C. Must complete the appropriate CER courses (A, B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12.
- D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.



**For Skate USA ONLY coaches** - Any person, 18 and older, instructing a Learn to Skate USA program must have successfully passed the annual background screen and be registered as a Learn to Skate USA instructor.

The local organizing committee/club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – no exceptions. We strongly urge *all* coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without proper registration is an ethics violation which is reported to U.S. Figure Skating and PSA.

For more information regarding Coach Compliance, please refer to US Figure Skating's Website.

**CONTACT INFO:** If you have questions, please contact Pam Hergett at (406) 273-7088 or (406) 544-6999. Please no calls after 9:00 p.m.

**ADDITIONAL INFORMATION:**

**SPONSORING HOTELS**

**Double Tree (Reservations before March 5<sup>th</sup> 2017 or until the room block is sold out, whichever comes first)**

100 Madison Street  
Missoula, MT – 59802  
1-888-253-1628  
\$84 for Participants Breakfast Not Included, Restaurant on site

**Hilton Garden Inn**

3720 N Reserve St ·  
Missoula, MT 59808  
(406)-532-5300  
1-877-STAY-HGI  
**15% of the normal daily rate, Use corporate code 3074293. Based on single or double occupancy**  
**Refer to the 2017 Glacier Challenge when making reservations**

## Events Offered

### EVENT: BEGINNER– SENIOR COMPULSORY MOVES

Skaters have the option to skate one level higher in compulsories than their free skate program. General event parameters:

- Beginner – Juvenile: Elements skated on ½ ice
- Intermediate – Senior: Elements skated on full-ice
- Elements may be performed only once
- Music is not allowed
- Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.

Level	Time	Skating rules/standards
Beginner	1:15 max.	<ul style="list-style-type: none"> <li>• Waltz jump</li> <li>• ½ jump of choice</li> <li>• Forward two-foot or one-foot spin - minimum three revolutions (free leg position optional)</li> <li>• Forward or backward spiral</li> </ul>
High Beginner	1:15 max.	<ul style="list-style-type: none"> <li>• Toe loop jump</li> <li>• Salchow jump</li> <li>• Forward scratch spin - minimum three revolutions</li> <li>• Forward or backward spiral</li> </ul>
No-Test	1:15 max.	<ul style="list-style-type: none"> <li>• Single Loop jump</li> <li>• Jump combination to include a toe loop (may not use a loop or Axel)</li> <li>• Solo spin - sit or camel spin - minimum three revolutions</li> <li>• Spiral sequence, must include a forward and backward spiral. Additional spirals and balance moves may be included.</li> </ul>
Pre – Preliminary	1:15 max.	<ul style="list-style-type: none"> <li>• Single Toe Loop jump</li> <li>• Jump combination: single/single (no Axel)</li> <li>• Sit spin or camel spin - minimum three revolutions</li> <li>• Spiral sequence with one forward spiral and one backward spiral (any edge)</li> </ul>
Preliminary	1:15 max.	<ul style="list-style-type: none"> <li>• Single Lutz jump</li> <li>• Jump combination: single/single (may include Axel)</li> <li>• Back upright spin - minimum three revolutions</li> <li>• Forward inside spiral</li> </ul>
Pre – Juvenile	1:15 max.	<ul style="list-style-type: none"> <li>• Single jump (may include Axel)</li> <li>• Jump combination: single/single (may include Axel)</li> <li>• Layback spin or camel spin - minimum three revolutions</li> <li>• Step sequence - circular</li> </ul>
Juvenile & Open Juv.	1:15 max.	<ul style="list-style-type: none"> <li>• Single Axel</li> <li>• Jump combination: single/single or double/single</li> <li>• Layback spin or camel spin - minimum three revolutions</li> <li>• Step sequence – circular</li> </ul>

Intermediate	1:30 max.	<ul style="list-style-type: none"> <li>• Double Salchow or double toe loop</li> <li>• Jump combination: single/single or double/single</li> <li>• Flying spin, minimum five revolutions</li> <li>• Step sequence – straight line</li> </ul>
Novice	1:30 max.	<ul style="list-style-type: none"> <li>• Double loop</li> <li>• Jump combination: double/single or double/double</li> <li>• Flying spin - minimum five revolutions</li> <li>• Step sequence – straight line</li> </ul>
Junior	1:30 max.	<ul style="list-style-type: none"> <li>• Double flip</li> <li>• Jump combination: double/double or triple/double</li> <li>• Combination spin - minimum 10 revolutions</li> <li>• Step sequence – straight line</li> </ul>
Senior	1:30 max.	<ul style="list-style-type: none"> <li>• Double Lutz</li> <li>• Jump combination: double/double or triple/double</li> <li>• Combination spin - minimum 10 revolutions</li> <li>• Step sequence – straight line</li> </ul>



**EVENT: TEAM EVENTS: NO-TEST THROUGH SENIOR AND MULTI-LEVEL**

Single level teams must compete at the highest free skate test level of the skaters. Teams consist of 4 skaters, male or female and can be from different clubs. Skaters may participate on multiple teams. All teams for each level will be on the ice together. One member of each team will be required to do one of the four elements (all elements must be completed). Choose one element for each skater. Elements will be judged against the other teams' elements. Adults may join or form teams at their equivalent level. Each skater will be awarded one mark for technique. **The team will perform as a group and perform unifying steps prior to spotlighting each member performing an element. Group performance shall not exceed 2 minutes.**

**Multi Test Level - Skaters must represent more than one tested level**

1. One waltz jump
2. One camel spin
3. One forward outside spiral
4. One Axel

**No-Test**

1. One upright one foot spin (minimum 3 revolutions)
2. One waltz jump
3. One forward outside spiral; 1 position
4. Half flip landed on either foot

**Pre-Preliminary/Adult Pre-Bronze**

1. One upright one foot spin (minimum 4 revolutions)
2. One single Salchow
3. One single toe loop
4. Half Lutz landed on either foot

**Preliminary/Adult Bronze**

1. One upright one foot spin minimum 4 revolutions.
2. One single Salchow.
3. One single flip jump.
4. Forward sit spin minimum 4 revolutions.

**Pre-Juvenile/Adult Silver**

1. One camel spin (minimum 4 revolutions)
2. One single loop jump
3. One camel spin to sit spin (no change of foot; minimum 3 revolutions, each position)
4. Combination jump - single Lutz, single loop (no change of foot between jumps)

**Juvenile/Adult Gold**

1. One layback spin (minimum 4 revolutions)
2. One single Axel jump
3. One forward spiral; one position
4. Combination jump - single Lutz, single loop (no change of foot between jumps)

**Intermediate**

1. Sit spin to change foot sit spin (minimum 4 revolutions each position)
2. Flying camel spin (minimum 5 revolutions in position)
3. One single Axel jump
4. Combination jump - double Salchow, single loop (no change of foot between)

**Novice**

1. Camel spin to backward camel spin (minimum 4 revolutions in each position)
2. Double loop jump
3. Forward spiral in one position to backward spiral one position (change of foot acceptable between spirals)
4. Combination jump - double Salchow, double toe (no change of foot between)



### **Junior**

1. Camel spin to layback spin to back sit spin (minimum 4 revolutions in each position)
2. Double flip jump
3. Flying sit spin (minimum 6 revolutions in position)
4. Combination jump - double toe, double toe (no change of foot between)

### **Senior**

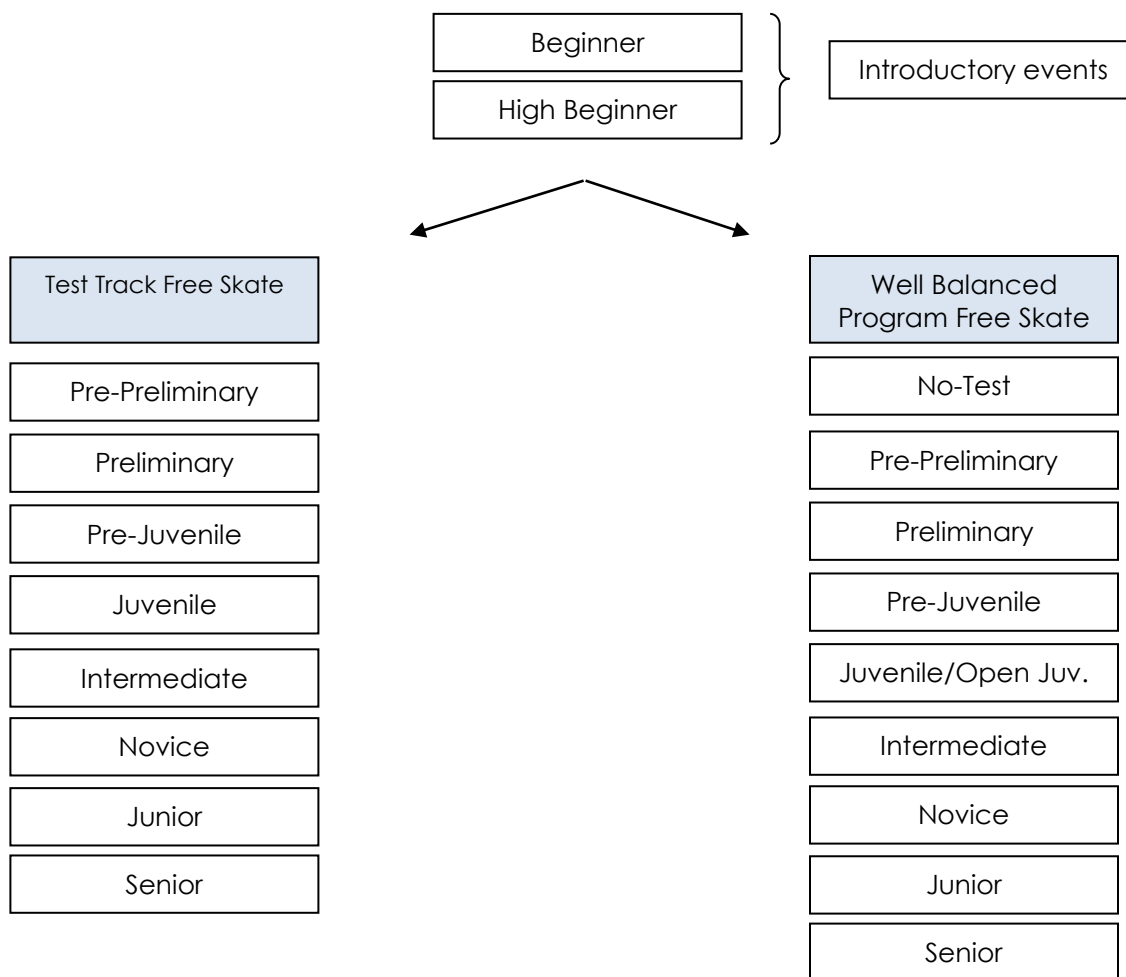
1. Layback spin (minimum 8 revolutions in position)
2. Triple Salchow jump
3. Forward spiral to backward spiral to forward spiral in a serpentine pattern
4. Combination jump - double Lutz, double toe (o change of foot between)

ILLUSTRATION OF THE PROGRESSION THROUGH THE LEVELS OF U.S. FIGURE

## SINGLES FREE SKATING EVENTS

See current rulebook or click [here](#) for current rules and requirements.

Illustration of Singles Free Skating Events:





**EVENT: SINGLES FREESKATE – INTRODUCTORY LEVELS AND TEST TRACK**

Links to US Figure Skating Charts

The charts linked to in this document are provided by US Figure Skating and are located on the US Figure Skating Website. Charts provided in this document take precedence over the chart provided in the link for specific events and levels.

[Introductory levels Free Skate \(Beginner and High Beginner\)](#) (DOC)

[Test Track Free Skate \(Pre-preliminary-Senior\)](#) (DOC)

**EVENT: SINGLES WELL BALANCED FREESKATE EVENTS**

**COMBINED SHORT PROGRAM & WELL BALANCED FREE SKATE EVENTS**

There are no combined events

**INITIAL / FINAL ROUND FOR FREE SKATE EVENTS**

There will be no initial and final rounds

[2016-17 Singles Short Program Elements for Intermediate-Senior](#) (PDF)

[2016-17 Singles Well Balanced Program Elements for No Test-Senior](#) (PDF)

**EVENT: PAIRS**

[2016-17 Pairs Short Program Requirements](#) (PDF)

[2016-17 Pairs Free Skate Requirements](#) (PDF)

**EVENT: PARTNERED DANCE**

[Partnered 2016-17 Short Dance Requirements](#) (PDF)

[Partnered 2016-17 Free Dance Requirements](#) (PDF)

[Partnered Pattern Dances Drawn for 2016-17](#) (PDF)

**EVENT: SOLO PATTERN DANCE**

General event parameters:

- Levels are based upon the skaters' highest pattern dance test passed.
- A solo pattern dance competition event will consist of the skater performing two solo pattern dances.
- The patterns to be skated depend upon which quarter of the year the competition is held. The skater will perform the two pattern dances listed for their level, based upon the date of the competition. If the competition falls over two quarters (for example, June 30<sup>th</sup> – July 2<sup>nd</sup>), the dance will be selected based on the start date of the competition listed in the announcement (in this example, the 2<sup>nd</sup> quarter).
- Skaters will complete both of the dances at each level. Dances will be scheduled at the discretion of the Chief Referee for each competition and may be competed consecutively or with a break in-between pattern dances groupings.

<b>Level</b>	<b>Dances</b>
Preliminary	1. Dutch Waltz 2. Canasta Tango
Pre-bronze	1. Swing 2. Cha-Cha
Bronze	1. Hickory Hoedown 2. Willow Waltz
Pre-silver	1. Fourteenstep 2. European Waltz
Silver	1. American Waltz 2. Silver Tango
Pre-gold	1. Killian 2. Blues
Gold	1. Viennese Waltz 2. Argentine Tango

**EVENT: SOLO FREE DANCE – NON-SERIES**

This event is offered specific to the Glacier Challenge and is not part of the solo dance series. Results do not count for points towards the solo dance series. This is offered to allow competitors to compete in the solo free dance only without having to compete in the combined event.

Level	Time	Edge Elements	Spins	Step Sequence	Twizzle	Other
<b>Juvenile</b>	1:40 +/- 10 Sec	<ul style="list-style-type: none"> <li>Up to 2 Edge Elements not to exceed 6 seconds</li> </ul>	<ul style="list-style-type: none"> <li>One dance spin, Minimum 3 rev on 1 foot</li> <li>Spin Combination Not allowed</li> </ul>	<ul style="list-style-type: none"> <li>One step sequence from the following list: circular, midline or diagonal. The step sequence must fully utilize the ice surface and should include a variety of steps and turns and must include three-turns and mohawks. Jumps of more than one-half rotation, stops, dance spins, pirouettes, pattern regressions and loops must not be included in any step sequence.</li> </ul>	<ul style="list-style-type: none"> <li>One twizzle. Minimum one revolution.</li> </ul>	<ul style="list-style-type: none"> <li>One full stop, not exceeding five seconds, is permitted.</li> </ul>
<b>Intermediate</b>	2:00 +/- 10 sec	<ul style="list-style-type: none"> <li>Up to 2 different edge elements not to exceed 6 seconds</li> </ul>	<ul style="list-style-type: none"> <li>One dance spin selected from the following: a. Spin (min 3 rev) b. Spin combination: Min 3 revolutions up to ½ revolution on 2 feet while changing to the other foot.</li> </ul>	<ul style="list-style-type: none"> <li>One step sequence from the following list: circular, midline or diagonal. The step sequence must fully utilize the ice surface. It should include a variety of steps and turns and must include three-turns, mohawks and brackets. Jumps of more than one-half rotation, stops, dance spins, pirouettes, pattern regressions and loops must not be included in any step sequence.</li> </ul>	<ul style="list-style-type: none"> <li>One twizzle series. Minimum one revolution on each foot. No more than three steps between twizzles.</li> </ul>	<ul style="list-style-type: none"> <li>One full stop not to exceed 5 seconds is permitted</li> </ul>

<p><b>Novice</b></p>	<p>2:10 +/-Sec</p>	<ul style="list-style-type: none"> <li>• One long edge element (not to exceed 12 seconds) and one short edge element (not to exceed six seconds).</li> </ul>	<ul style="list-style-type: none"> <li>• One dance spin, but no more, selected from the following types:             <ul style="list-style-type: none"> <li>a. Spin: Minimum three revolutions on one foot.</li> <li>b. Spin Combination: Minimum three revolutions on one foot for each part of the spin. There is allowed up to one-half rotation on two feet while changing to the other foot.</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• One step sequence from the following list: circular, midline, diagonal or serpentine. The step sequence must fully utilize the ice surface. It should include a variety of steps and turns and must include three-turns, mohawks, brackets and counters. Jumps of more than one-half rotation, stops, dance spins, pirouettes, pattern regressions and loops must not be included in any step sequence.</li> </ul>	<ul style="list-style-type: none"> <li>• One twizzle series. Minimum of two revolutions on each foot. No more than three steps between twizzles</li> </ul>	<ul style="list-style-type: none"> <li>• One full stop up to 5 seconds is permitted</li> </ul>
<p><b>Junior</b></p>	<p>2:30 +/- 10 Sec</p>	<ul style="list-style-type: none"> <li>• One long edge element (not to exceed 12 seconds) and two different short edge elements (not to exceed six seconds).</li> </ul>	<ul style="list-style-type: none"> <li>• One or two dance spins, but no more, selected from the following types:             <ul style="list-style-type: none"> <li>• a. <i>Spin:</i> Minimum three revolutions on one foot.</li> <li>• b. <i>Spin Combination:</i> Minimum three revolutions on one</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Two different types of step sequences, one selected from Group A and one selected from Group B:             <ul style="list-style-type: none"> <li>• Group A: Straight Line Step Sequences: Midline or Diagonal</li> <li>• Group B: Curved Step Sequences (counterclockwise or clockwise): Circular or Serpentine</li> <li>• Each step sequence must fully utilize the ice surface. It should include a variety of steps and turns and must include brackets, counters, rockers and choctaws. Jumps of</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Two different twizzle series but no more. One twizzle series must have a different entry edge and different direction for</li> </ul>	<ul style="list-style-type: none"> <li>• Two full stops are permitted not to exceed 5 seconds</li> </ul>

			foot for each part of the spin. There is allowed up to one-half rotation on two feet while changing to the other foot	more than one-half rotation, stops, dance spins, pirouettes, pattern regressions and loops must not be included in either step sequence.	the two twizzles. For both series, a minimum of two revolutions is required on each twizzle. No more than three steps are allowed between twizzles.	
<b>Senior</b>	2:50+-10 Sec	<ul style="list-style-type: none"> <li>• Two different long edge elements and two different short edge elements. (Short edge elements must not exceed six seconds, and long edge elements must not exceed 12 seconds)</li> </ul>	<ul style="list-style-type: none"> <li>• One or two dance spins, but no more, selected from the following types: <ul style="list-style-type: none"> <li>• a. Spin: Minimum three revolutions on one foot.</li> <li>• b. Spin Combination: Minimum three revolutions on one foot for each part of the spin. There is allowed up to one-half rotation on two feet while changing to the other foot.</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Two different types of step sequences, one selected from Group A and one selected from Group B: <ul style="list-style-type: none"> <li>• a. Group A: Straight Line Step Sequences: Midline or Diagonal</li> <li>• b. Group B: Curved Step Sequences (counterclockwise or clockwise): Circular or Serpentine</li> </ul> </li> <li>• Each step sequence must fully utilize the ice surface. It should include a variety of steps and turns and must include brackets, counters, rockers, choctaws and twizzles. Jumps of more than one-half rotation, stops, dance spins, pirouettes, pattern regressions and loops must not be included in either step sequence.</li> </ul>	<ul style="list-style-type: none"> <li>• Twizzle Series: Two different twizzle series but no more. One twizzle series must have a different entry edge and different direction of rotation for the two twizzles, with a minimum of two</li> </ul>	<ul style="list-style-type: none"> <li>• Two full stops are permitted. Neither stop may exceed five seconds.</li> </ul>



			<ul style="list-style-type: none"><li>• Note: If more than one spin is executed, it must be different than the first. So if the first spin is a spin combination, then the second spin must be a dance spin. The same logic follows with the spins being executed in the opposite order.</li></ul>		revolutions on each twizzle and no more than three steps between twizzles. The other series must have a minimum two revolutions on each twizzle with only one step between twizzles.	
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**EVENT: ADULT EVENTS**

[Adult Compulsory Moves \(Adult Beginner to Adult Masters Junior/Senior\)](#) (DOC)

[2016-17 Adult Singles Elements \(Adult Pre-Bronze to Championship Masters Junior/Senior\)](#) (8/3/16, PDF)

[2016-17 Adult Pairs Elements \(Adult Silver to Centennial Pairs\)](#) (8/3/16, PDF)

[2016-17 Adult Free Dance Elements \(Championship Adult/Adult Gold/Adult Pre-Gold/Masters Open\)](#) (8/3/16, PDF)

**EVENT: SHOWCASE EVENTS**

Skaters may enter any or all singles events for which they are qualified by test level. Skaters cannot skate in different levels of the same event (example: event-Light Entertainment Level Junior skater would not be allowed to skate Light Entertainment Junior and Senior).

**EVENT: Showcase Events – Dramatic Entertainment Events**

Format:

- Programs should express intense emotional connection and investment in the music, choreography and theme concept through related skating movements, gestures and physical actions.
- Props and scenery ARE permitted.

General event parameters:

1. Level will be determined by the highest free skate or dance (solo or partnered) test passed, as listed in the table below. Skaters may compete at the highest level they have passed, or skate up to one level higher.
2. The determination of level will be based upon test requirement at the entry deadline.
3. Current guidelines and procedures for nonqualifying showcase competitions can be found at [www.usfigureskating.org](http://www.usfigureskating.org), under “Programs” on the National Showcase page.

**Dramatic Entertainment Levels:**

	Event	Must meet requirements* Must have passed Free Skating or Dance test (solo or partnered standard track)	Must not have passed Must not have passed Free Skate or Dance (solo or partnered) Test	Age	Time
Singles	Beginner, High Beginner, No Test* <i>Note: these levels do not qualify for National Showcase</i>	-	Pre-Preliminary Free Skate	No Age restriction	1:30 max
	Pre-Preliminary* <i>Note: these levels do not qualify for National Showcase</i>	-	Preliminary Free Skate	No Age restriction	1:30 max
	Preliminary	Preliminary Free Skate	Pre Juvenile Free Skate OR Juvenile Free Dance	No minimum age <b>(max age 20)</b>	1:40 max
	Pre Juvenile	Pre Juvenile Free Skate	Juvenile Free Skate OR Juvenile Free Dance	No minimum age <b>(max age 20)</b>	1:40 max
	Juvenile	Juvenile Free Skate OR Juvenile Free Dance	Intermediate Free Skate OR Intermediate Free Dance	13 and under	2:10 max
	Teen	Juvenile Free Skate OR Juvenile Free Dance	Intermediate Free Skate OR Intermediate Free Dance	14-17	2:10 max

Intermediate	Intermediate Free Skate OR Intermediate Free Dance	Novice Free Skate OR Novice Free Dance	17 and under	2:10 max
Young Adult	Juvenile Free Skate OR Juvenile Free Dance	Novice Free Skate OR Novice Free Dance	18-20	2:10 max
Novice	Novice Free Skate OR Novice Free Dance	Junior Free Skate OR Junior Free Dance		2:10 max
Junior	Junior Free Skate OR Junior Free Dance	Senior Free Skate OR Senior Free Dance		2:40 max
Senior	Senior Free Skate OR Senior Free Dance			2:40 max
<b>Event</b>	<b>Must meet requirements for*</b>	<b>Must not have passed</b>	<b>Age</b>	<b>Time</b>
Adult Bronze	Adult Bronze Free Skate or Pairs Events or have passed the complete Pre-Bronze Dance Test	Any Pre-Silver Dance Test	21 and older	1:40 max
Adult Silver	Adult Silver Free Skate or Pairs Events or have passed one Pre-Silver Dance Test	Any Pre-Gold Dance Test	21 and older	1:40 max
Adult Gold	Adult Gold Free Skate or any Masters Pairs event or have passed one Pre-Gold Dance Test	Complete Pre- Gold Dance Test	21 and older	1:40 max
Masters	At least the Masters Intermediate or any Masters Pairs Event or have passed the complete Pre-Gold Dance Test		21 and older	1:40 max

\*The determination of level will be based upon test requirements at the entry deadline. For the U.S. Adult Championships and adult sectional championships, skaters must meet the test requirements for the level at which they want to compete, and rules 2540-2552 apply. For all other competitions, skaters must compete at their test level or one level higher, per the above chart For Basic Skills levels and events, please refer to the U.S. Figure Skating Basic Skills Competition Manual for Showcase event levels, elements, qualifications, program lengths and descriptions. For events offered, refer to the competition announcement.

**EVENT:** Showcase Events – Light Entertainment Events

Format:

- Showcase program that should express a carefree concept or storyline designed to uplift and entertain the audience through related skating movements, gestures and physical actions.
- Props and scenery are permitted.

General event parameters:

4. Level will be determined by the highest free skate or dance (solo or partnered) test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
5. The determination of level will be based upon test requirement at the entry deadline.
6. Current guidelines and procedures for nonqualifying showcase competitions can be found at [www.usfigureskating.org](http://www.usfigureskating.org), under “Programs” on the National Showcase page.

**Light Entertainment Levels:**

	Event	Must meet requirements* Must have passed Free Skating or Dance test (solo or partnered standard track)	Must not have passed Must not have passed Free Skate or Dance test (solo or partnered)	Age	Time
Singles	Beginner, High Beginner, No Test*  Note: these levels do not qualify for National Showcase	-	Pre-Preliminary Free Skate	No Age restriction	1:30 max
	Pre-Preliminary*  Note: this level does not qualify for National Showcase	-	Preliminary Free Skate	No Age restriction	1:30 max
	Preliminary	Preliminary Free Skate	Pre-Juvenile Free Skate OR Juvenile Free Dance	No minimum age <b>(max age 20)</b>	1:40 max
	Pre Juvenile	Pre Juvenile Free Skate	Juvenile Free Skate OR Juvenile Free Dance	No minimum age <b>(max age 20)</b>	1:40 max
	Juvenile	Juvenile Free Skate OR Juvenile Free Dance	Intermediate Free Skate OR Intermediate Free Dance	13 and under	2:10 max
	Teen	Juvenile Free Skate OR Juvenile Free Dance	Intermediate Free Skate OR Intermediate Free Dance	14-17	2:10 max
	Intermediate	Intermediate Free Skate OR Intermediate Free Dance	Novice Free Skate OR Novice Free Dance	17 and under	2:10 max

Young Adult	Juvenile Free Skate OR Juvenile Free Dance	Novice Free Skate OR Novice Free Dance	18-20	2:10 max
Novice	Novice Free Skate OR Novice Free Dance	Junior Free Skate OR Junior Free Dance	No age restriction	2:10 max
Junior	Junior Free Skate OR Junior Free Dance	Senior Free Skate OR Senior Free Dance		2:40 max
Senior	Senior Free Skate OR Senior Free Dance			2:40 max
<b>Event</b>	<b>Must meet requirements for*</b>	<b>Must not have passed</b>	<b>Age</b>	<b>Time</b>
Adult Bronze	Adult Bronze Free Skate or Pairs Events or have passed the complete Pre-Bronze Dance Test	Any Pre-Silver Dance Test	21 and older	1:40 max
Adult Silver	Adult Silver Free Skate or Pairs Events or have passed one Pre-Silver Dance Test	Any Pre-Gold Dance Test	21 and older	1:40 max
Adult Gold	Adult Gold Free Skate or any Masters Pairs event or have passed one Pre-Gold Dance Test	Complete Pre-Gold Dance Test	21 and older	1:40 max
Masters	At least the Masters Intermediate or any Masters Pairs Event or have passed the complete Pre-Gold Dance Test		21 and older	1:40 max

*\*The determination of level will be based upon test requirements at the entry deadline. For the U.S. Adult Championships and adult sectional championships, skaters must meet the test requirements for the level at which they want to compete, and rules 2540-2552 apply. For all other competitions, skaters must compete at their test level or one level higher, per the above chart.*



**EVENT: SHOWCASE EVENTS – IMPROVISATION EVENTS**

NOTE: Levels and times match those in the US Figure Skating Showcase Guidelines. Execution of this event will be as follows:

Improvisation: The program will be a performance choreographed by the competitor, unaccompanied and unassisted, to music that is supplied by the LOC. Programs should incorporate various elements of expressive movement and skating moves, to enhance the skater’s interpretation of the music, rather than technical elements.

The music will be played twice during a warm-up on full ice. After the warm up skaters will go back to the room, supervised by a competition official. Skaters will be brought to the ice during the previous skater’s performance and will sit with their back to the ice giving them a third time to hear the music. All competitors in an event will interpret the same music.

No props will be used for this event

**Interpretative Events and Levels:**

Level	Program Duration	Test Requirements
Pre-juvenile and below	1:00 maximum	Skaters may compete at the highest level they have passed, or skate up to one level higher. The determination of level will be based upon test requirement at the entry deadline.
Juvenile - novice	1:30 maximum	Skaters may compete at the highest level they have passed, or skate up to one level higher. The determination of level will be based upon test requirement at the entry deadline.
Junior and senior	1:30 maximum	Skaters may compete at the highest level they have passed, or skate up to one level higher. The determination of level will be based upon test requirement at the entry deadline.
Teen and young adult	1:30 maximum	Skaters may compete at the highest level they have passed, or skate up to one level higher. The determination of level will be based upon test requirement at the entry deadline.
All adult events	1:30 maximum	Skaters may compete at the highest level they have passed, or skate up to one level higher. The determination of level will be based upon test requirement at the entry deadline.

**EVENT:** Showcase Events – Duet Events

Format:

- Duets are theatrical or artistic performances by any competitors.
- Props and scenery ARE permitted.

General event parameters:

7. Level will be determined by the highest free skate or dance (solo or partnered) test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
8. The determination of level will be based upon test requirement at the entry deadline

Current guidelines and procedures for nonqualifying showcase competitions can be found at [www.usfigureskating.org](http://www.usfigureskating.org), under “Programs” on the National Showcase page.

**Duet Levels and Events:**

	Event	Must meet requirements* Must have passed Free Skating or Dance test (solo or partnered standard track)	Must not have passed Must not have passed Free Skate or Dance test (solo or partnered standard track)	Age	Time
<b>Duets (Duets must compete at the highest test level of the two skaters)</b>	Beginner, High Beginner, No Test*	-	Pre-Preliminary Free Skate	No Age restriction	1:30 max
	Note: these levels do not qualify for National Showcase				
	Pre-Preliminary*	-	Preliminary Free Skate	No Age restriction	1:30 max
	Note: this level does not qualify for National Showcase				
	Preliminary	Preliminary Free Skate	Pre-Juvenile Free Skate OR Juvenile Free Dance	No minimum age <b>(max age 20)</b>	1:40 max
	Pre Juvenile	Pre Juvenile Free Skate	Juvenile Free Skate OR Complete Pre-Bronze Dance	No minimum age <b>(max age 20)</b>	1:40 max
	Juvenile	Juvenile Free Skate OR Juvenile Free Dance	Intermediate Free Skate OR Intermediate Free Dance	13 and under	2:10 max
	Teen	Juvenile Free Skate OR Juvenile Free Dance	Intermediate Free Skate OR Intermediate Free Dance	14-17	2:10 max
	Intermediate	Intermediate Free Skate OR Intermediate Free Dance	Novice Free Skate OR Novice Free Dance	17 and under	2:10 max
Young Adult	Juvenile Free Skate OR Juvenile Free Dance	Novice Free Skate OR Novice Free Dance	18-20	2:10 max	
Novice	Novice Free Skate	Junior Free Skate	No age restriction		



		OR Novice Free Dance	OR Junior Free Dance		2:10 max
	Junior	Junior Free Skate OR Junior Free Dance	Senior Free Skate OR Senior Free Dance	No age restriction	2:40 max
	Senior	Senior Free Skate OR Senior Free Dance		No age restriction	2:40 max
	<b>Event</b>	<b>Must meet requirements for*</b>	<b>Must not have passed</b>	<b>Age</b>	<b>Time</b>
	Adult Bronze	Adult Bronze Free Skate or Pairs Events or have passed the complete Pre-Bronze Dance Test	Any Pre-Silver Dance Test	21 and older	1:40 max
	Adult Silver	Adult Silver Free Skate or Pairs Events or have passed one Pre-Silver Dance Test	Any Pre-Gold Dance Test	21 and older	1:40 max
	Adult Gold	Adult Gold Free Skate or any Masters Pairs event or have passed one Pre-Gold Dance Test	Complete Pre-Gold Dance Test	21 and older	1:40 max
	Masters	At least the Masters Intermediate or any Masters Pairs Event or have passed the complete Pre-Gold Dance Test		21 and older	1:40 max

*\*The determination of level will be based upon test requirements at the entry deadline. For the U.S. Adult Championships and adult sectional championships, skaters must meet the test requirements for the level at which they want to compete, and rules 2540-2552 apply. For all other competitions, skaters must compete at their test level or one level higher, per the above chart*

**EVENT:** Showcase Events – Mini Production Ensemble Events

Formats:

- **Mini production ensemble** events are theatrical performances by three to seven competitors. Props and scenery are permitted. Programs are performed under full arena lighting
  - NOTE: Skaters may enter only one duet, mini production AND production event each.

Current guidelines and procedures for nonqualifying showcase competitions can be found at [www.usfigureskating.org](http://www.usfigureskating.org), under “Programs” on the National Showcase page.

**Mini Production Ensemble Events:**

Event	Must meet requirements* Must have passed Free Skating or Dance test (solo or partnered standard track)	Must not have passed Must not have passed Free Skate or Dance test (solo or partnered standard track)	Age	Program Duration
Mini Production	Open	Open	No age restriction	3:10 max

**EVENT:** Showcase Events – Production Ensemble Event

Formats:

- **Production ensemble** events are theatrical performances by eight or more competitors. Theatre On Ice teams are eligible as production ensembles. Props and scenery are allowed. Programs are performed under full arena lighting
  - NOTE: Skaters may enter only one duet, mini production AND production event each.

Current guidelines and procedures for nonqualifying showcase competitions can be found at [www.usfigureskating.org](http://www.usfigureskating.org), under “Programs” on the National Showcase page.

**Production Ensemble Events:**

Event	Must meet requirements* Must have passed Free Skating or Dance test (solo or partnered standard track)	Must not have passed Must not have passed Free Skate or Dance test (solo or partnered)	Age	Program Duration
Production Ensemble	Open	Open	No age restriction	6:15 max

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# Competition Manual

EVENT: Basic Elements: SNOWPLOW SAM – BASIC 6

Format choice of the host: Each skater will perform each element when directed by a judge or referee or have the option to perform one element at a time in the order listed below (no excessive connecting steps). Referee driven format examples: all skaters perform first element before moving on to the next and so on, or each skater performs all of the required elements before moving on to the next skater.

- To be skated on 1/3 to 1/2 ice.
- No music.
- **All elements must be skated in the order listed.**

Level	Time	Skating rules/standards
Snowplow Sam	1:00 max.	<ul style="list-style-type: none"> <li>• March followed by a two-foot glide and dip</li> <li>• Forward two-foot swizzles, 2-3 in a row</li> <li>• Forward snowplow stop</li> <li>• Backward wiggles, 2-6 in a row</li> </ul>
Basic 1	1:00 max.	<ul style="list-style-type: none"> <li>• Forward two-foot glide and dip</li> <li>• Forward two-foot swizzles, 6-8 in a row</li> <li>• Beginning snowplow stop on two-feet or one-foot</li> <li>• Backward wiggles, 6-8 in a row</li> </ul>
Basic 2	1:00 max.	<ul style="list-style-type: none"> <li>• Forward one-foot glide, either foot</li> <li>• Scooter pushes, right and left foot, 2-3 each foot</li> <li>• Moving snowplow stop</li> <li>• Two-foot turn in place, forward to backward</li> <li>• Backward two-foot swizzles, 6-8 in a row</li> </ul>
Basic 3	1:00 max.	<ul style="list-style-type: none"> <li>• Beginning forward stroking showing correct use of blade</li> <li>• Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive</li> <li>• Forward slalom</li> <li>• Beginning backward one-foot glide, either foot</li> <li>• Moving forward to backward two-foot turn on a circle</li> </ul>
Basic 4	1:00 max.	<ul style="list-style-type: none"> <li>• Backward one-foot glides, right and left</li> <li>• Forward outside edge on a circle, clockwise or counter clockwise</li> <li>• Forward crossovers, 4-6 consecutive, both directions</li> <li>• Beginning two-foot spin, 2-4 revolutions</li> <li>• Backward ½ swizzle pumps on a circle, one direction only</li> </ul>
Basic 5	1:00 max.	<ul style="list-style-type: none"> <li>• Backward outside edge on a circle, clockwise or counterclockwise</li> <li>• Backward crossovers, 4-6 consecutive, both directions</li> <li>• Advanced two-foot spin, 4-6 revolutions</li> <li>• Forward outside three-turn, right and left</li> <li>• Hockey stop</li> </ul>
Basic 6	1:00 max.	<ul style="list-style-type: none"> <li>• Forward inside three-turn, right and left</li> <li>• Bunny Hop</li> <li>• Forward spiral on a straight line, right or left</li> <li>• Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry</li> <li>• T-stop, right or left</li> </ul>

**EVENT: Basic Program: SNOWPLOW SAM – BASIC 6**

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified.

- To be skated on full ice.
- The skater may use elements from a previous level.
- A 0.2 deduction will be taken for each element performed from a higher level.

Level	Time	Skating rules/standards
Snowplow Sam	1:10 max.	<ul style="list-style-type: none"> <li>• March followed by a two-foot glide and dip</li> <li>• Forward two-foot swizzles, 2-3 in a row</li> <li>• Forward snowplow stop</li> <li>• Backward wiggles, 2-6 in a row</li> </ul>
Basic 1	1:10 max.	<ul style="list-style-type: none"> <li>• Forward two-foot glide and dip</li> <li>• Forward two-foot swizzles, 6-8 in a row</li> <li>• Beginning snowplow stop on two-feet or one-foot</li> <li>• Backward wiggles, 6-8 in a row</li> </ul>
Basic 2	1:10 max.	<ul style="list-style-type: none"> <li>• Forward one-foot glide, either foot</li> <li>• Scooter pushes, right and left foot, 2-3 each foot</li> <li>• Moving snowplow stop</li> <li>• Two-foot turn in place, forward to backward</li> <li>• Backward two-foot swizzles, 6-8 in a row</li> </ul>
Basic 3	1:10 max.	<ul style="list-style-type: none"> <li>• Beginning forward stroking showing correct use of blade</li> <li>• Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive</li> <li>• Forward slalom</li> <li>• Beginning backward one-foot glide, either foot</li> <li>• Moving forward to backward two-foot turn on a circle</li> </ul>
Basic 4	1:10 max.	<ul style="list-style-type: none"> <li>• Backward one-foot glides, right and left</li> <li>• Forward outside edge on a circle, clockwise or counter clockwise</li> <li>• Forward crossovers, 4-6 consecutive, both directions</li> <li>• Beginning two-foot spin, 2-4 revolutions</li> <li>• Backward ½ swizzle pumps on a circle, one direction only</li> </ul>
Basic 5	1:10 max.	<ul style="list-style-type: none"> <li>• Backward outside edge on a circle, clockwise or counterclockwise</li> <li>• Backward crossovers, 4-6 consecutive, both directions</li> <li>• Advanced two-foot spin, 4-6 revolutions</li> <li>• Forward outside three-turn, right and left</li> <li>• Hockey stop</li> </ul>
Basic 6	1:10 max.	<ul style="list-style-type: none"> <li>• Forward inside three-turn, right and left</li> <li>• Bunny Hop</li> <li>• Forward spiral on a straight line, right or left</li> <li>• Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry</li> <li>• T-stop, right or left</li> </ul>

**EVENT: Pre-Free Skate – Free Skate 6 Compulsory**

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice. No music is allowed. Time: 1:15 max
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.

Level	Time	Skating rules/standards
Pre-Free Skate	1:15 max	<ul style="list-style-type: none"> <li>• Forward inside open Mohawk from a standstill position (R to L and L to R)</li> <li>• Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise</li> <li>• One-foot upright spin, optional entry and free-foot position (minimum three revolutions)</li> <li>• Mazurka</li> <li>• Waltz jump</li> </ul>
Free Skate 1	1:15 max.	<ul style="list-style-type: none"> <li>• Forward power stroking, 4-6 consecutive strokes</li> <li>• Backward outside three-turns, right and left</li> <li>• Upright spin, entry from backward crossovers - minimum 4-6 revolutions</li> <li>• Toe loop</li> <li>• Half flip jump</li> </ul>
Free Skate 2	1:15 max.	<ul style="list-style-type: none"> <li>• Alternating forward outside and inside spirals on a continuous axis (2 sets)</li> <li>• Backward inside three-turns, right and left</li> <li>• Beginning back spin, up to two revolutions</li> <li>• Half Lutz</li> <li>• Salchow jump</li> </ul>
Free Skate 3	1:15 max.	<ul style="list-style-type: none"> <li>• Alternating Mohawk/crossover sequence, right to left and left to right</li> <li>• Waltz three-turns, clockwise and counterclockwise</li> <li>• Advanced back spin with free foot in crossed leg position, min 3 revs</li> <li>• Loop jump</li> <li>• Waltz jump/toe loop or Salchow/toe loop jump combination</li> </ul>
Free Skate 4	1:15 max.	<ul style="list-style-type: none"> <li>• Forward power 3's, 2-3 consecutive sets, right or left</li> <li>• Sit spin - minimum three revolutions</li> <li>• Half loop jump</li> <li>• Flip jump</li> </ul>
Free Skate 5	1:15 max.	<ul style="list-style-type: none"> <li>• Backward outside three-turn, Mohawk (backward power three-turn), both directions</li> <li>• Camel spin - minimum three revolutions</li> <li>• Waltz jump-loop jump combination</li> <li>• Lutz jump</li> </ul>
Free Skate 6	1:15 max.	<ul style="list-style-type: none"> <li>• Forward power pulls, right and left</li> <li>• Split jump or stag jump</li> <li>• Camel, sit spin combination - minimum of four revolutions total</li> <li>• Waltz jump, ½ loop, Salchow jump sequence</li> <li>• Axel jump</li> </ul>

**EVENT: Pre-Free Skate – Free Skate 6 Program**

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting steps and transitions should be demonstrated throughout the program.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time 1:40 max.

Level	Time	Skating rules/standards
Pre-Free Skate	1:40 max	<ul style="list-style-type: none"> <li>• Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise</li> <li>• One-foot upright spin, optional entry and free-foot position (minimum three revolutions)</li> <li>• Mazurka</li> <li>• Waltz jump</li> </ul>
Free Skate 1	1:40 max	<ul style="list-style-type: none"> <li>• Forward power stroking, 4-6 consecutive strokes</li> <li>• Upright spin, entry from backward crossovers - minimum 4-6 revolutions</li> <li>• Toe loop jump</li> <li>• Half flip jump</li> </ul>
Free Skate 2	1:40 max.	<ul style="list-style-type: none"> <li>• Alternating forward outside and inside spirals on a continuous axis (2 sets)</li> <li>• Beginning back spin, up to two revolutions</li> <li>• Half Lutz</li> <li>• Salchow jump</li> </ul>
Free Skate 3	1:40 max	<ul style="list-style-type: none"> <li>• Alternating Mohawk/crossover sequence, right to left and left to right</li> <li>• Advanced back spin with free foot in crossed leg position, min 3 revs</li> <li>• Loop jump</li> <li>• Waltz jump-toe loop or Salchow-toe loop jump combination</li> </ul>
Free Skate 4	1:40 max.	<ul style="list-style-type: none"> <li>• Forward power 3's, 2-3 consecutive sets, right or left</li> <li>• Sit spin - minimum three revolutions</li> <li>• Half Loop jump</li> <li>• Flip jump</li> </ul>
Free Skate 5	1:40 max.	<ul style="list-style-type: none"> <li>• Backward outside three-turn, Mohawk (backward power three-turn), both directions</li> <li>• Camel spin - minimum three revolutions</li> <li>• Waltz-loop jump combination</li> <li>• Lutz jump</li> </ul>
Free Skate 6	1:40 max.	<ul style="list-style-type: none"> <li>• Split jump or stag jump</li> <li>• Camel, sit spin combination - minimum of four revolutions total</li> <li>• Waltz jump, ½ loop, Salchow jump sequence</li> <li>• Axel jump</li> </ul>

**EVENT: Singles Compulsory - Introductory Levels, Adult Pre-Bronze and Adult Bronze**

**ADULT EVENTS: Compulsory Event Adult 1 –Adult 6**

**Adult 1-6:**

The skating order of the required elements is optional. The elements are not restricted to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program.

- Vocal music is allowed.
- The skater must demonstrate the required elements and may use, but is not required to use, any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time 1:30+/-10 sec unless otherwise noted

<p><b>Adult 1</b></p> <ul style="list-style-type: none"> <li>• Falling and Recovery</li> <li>• Forward Marching</li> <li>• Forward two-foot glide</li> <li>• Forward swizzle (4-6 in a row)</li> <li>• Forward snowplow stop – two feet or one foot</li> </ul>	<p><b>Adult 4</b></p> <ul style="list-style-type: none"> <li>• Forward outside edge on a circle, right and left</li> <li>• Forward inside edge on a circle, right and left</li> <li>• Forward crossovers, clockwise and counterclockwise</li> <li>• Backward one-foot glides, right and left</li> <li>• Hockey stop, both directions</li> </ul>
<p><b>Adult 2</b></p> <ul style="list-style-type: none"> <li>• Forward skating across the width of the ice</li> <li>• Forward one-foot glides</li> <li>• Forward slalom</li> <li>• Backward skating</li> <li>• Backward swizzles, 4-6 in a row</li> </ul>	<p><b>Adult 5</b></p> <ul style="list-style-type: none"> <li>• Backward outside edge on a circle, right and left</li> <li>• Backward inside edge on a circle, right and left</li> <li>• Backward crossovers, clockwise and counterclockwise</li> <li>• Forward outside three-turn, right and left</li> <li>• Beginning two-foot spin</li> </ul>
<p><b>Adult 3</b></p> <ul style="list-style-type: none"> <li>• Forward stroking using the blade properly</li> <li>• Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise</li> <li>• Backward skating to a long two-foot glide</li> <li>• Forward chasses on a circle, clockwise and counterclockwise</li> <li>• Backward snowplow stop, Right and Left</li> </ul>	<p><b>Adult 6</b></p> <ul style="list-style-type: none"> <li>• Forward stroking with crossover end patterns</li> <li>• Backward stroking with crossover end patterns</li> <li>• Forward inside three-turn, right and left</li> <li>• T-stop</li> <li>• Lunge</li> <li>• Two-foot spin into one-foot spin</li> </ul>
<p><b>Adult Pre-Bronze:</b> See General Announcement</p>	<p><b>Adult Bronze:</b> See General Announcement</p>



**ADULT EVENTS: Program Event**  
**Adult 1-6 Free Skate**

The skating order of the required elements is optional. The elements are not restricted to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program.

- Vocal music is allowed.
- The skater must demonstrate the required elements and may use, but is not required to use, any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time 1:30+/-10 sec unless otherwise noted

<p><b>Adult 1</b></p> <ul style="list-style-type: none"> <li>• Falling and Recovery</li> <li>• Forward Marching</li> <li>• Forward two-foot glide</li> <li>• Forward swizzle (4-6 in a row)</li> <li>• Forward snowplow stop – two feet or one foot</li> </ul>	<p><b>Adult 4</b></p> <ul style="list-style-type: none"> <li>• Forward outside edge on a circle, right and left</li> <li>• Forward inside edge on a circle, right and left</li> <li>• Forward crossovers, clockwise and counterclockwise</li> <li>• Backward one-foot glides, right and left</li> <li>• Hockey stop, both directions</li> </ul>
<p><b>Adult 2</b></p> <ul style="list-style-type: none"> <li>• Forward skating across the width of the ice</li> <li>• Forward one-foot glides</li> <li>• Forward slalom</li> <li>• Backward skating</li> <li>• Backward swizzles, 4-6 in a row</li> </ul>	<p><b>Adult 5</b></p> <ul style="list-style-type: none"> <li>• Backward outside edge on a circle, right and left</li> <li>• Backward inside edge on a circle, right and left</li> <li>• Backward crossovers, clockwise and counterclockwise</li> <li>• Forward outside three-turn, right and left</li> <li>• Beginning two-foot spin</li> </ul>
<p><b>Adult 3</b></p> <ul style="list-style-type: none"> <li>• Forward stroking using the blade properly</li> <li>• Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise</li> <li>• Backward skating to a long two-foot glide</li> <li>• Forward chasses on a circle, clockwise and counterclockwise</li> <li>• Backward snowplow stop, Right and Left</li> </ul>	<p><b>Adult 6</b></p> <ul style="list-style-type: none"> <li>• Forward stroking with crossover end patterns</li> <li>• Backward stroking with crossover end patterns</li> <li>• Forward inside three-turn, right and left</li> <li>• T-stop</li> <li>• Lunge</li> <li>• Two-foot spin into one-foot spin</li> </ul>
<p><b>Adult Pre-Bronze:</b> See General Announcement</p>	<p><b>Adult Bronze:</b> See General Announcement</p>

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**SHOWCASE EVENTS:**

Showcase events under Compete USA for this competition are open to skaters in Basic, Free Skate, Limited Beginner and Adult Pre-Bronze. Groups will be divided by number of entries and ages if possible. Skaters must enter at the same level as their free skate event or highest test level of skater’s in the group ensemble or production number. If a free skate event is not being entered, skaters must enter at their current test level or one level higher. Vocal music is permitted.

Show costumes are permitted, as long as they do not touch or drag on the ice. Props and scenery must be placed and removed by unaided singles and duet competitors within one minute and by unaided ensemble contestants within two minutes for setup and two minutes for removal. A 0.2 deduction will be assessed by the referee against each judge’s mark for each five seconds in excess of the time allowed for the performance, for handling props and scenery and for scenery assistance.

Performances will be judged from an entertainment standpoint, for theatrical qualities. Technical skating skills and difficulty will not be rewarded as such; however, skating must be the major element of the performance and be of sufficient quality to support the selected theatrical elements. Unintended falls, poorly executed skating elements and obvious losses of control will reduce contestant’s marks. Jump difficulty is not rewarded in showcase; therefore jumps, if choreographed, should be performed with style, flow and confidence. Theatrical elements evaluated will include energy, poise, acting, pantomime, eye contact, choreography, form/extension and the use of props and ice.

6.0 Judging will be used. Deductions will be made for skaters including technical elements not permitted in the event description.

\* For specific guidelines regarding the conduct of Showcase competitions, refer to the Nonqualifying Showcase Guidelines posted on [www.usfigureskating.org](http://www.usfigureskating.org).

Showcase categories may include:

- Levels can be subdivided, if necessary, depending on entry numbers and event set up
- Dramatic entertainment: Showcase program utilizing intense emotional skating quality to depict choreographic theme.
- Light entertainment: Showcase program emphasizing such choreographic expressive qualities such as comedy, love and mime while incorporating skating skills.
- Duets: Theatrical/artistic performances by any competitors.
- Mini production ensembles: Theatrical performances by three to seven competitors.
- Production ensembles: Theatrical performances by eight to 30 skaters. Theater On Ice teams are eligible as production ensembles. NOTE: Skaters may enter only one each duet, mini production or production event.

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Basic 1-6	Elements only from Basic 1-6 curriculum	May not have passed any higher than Basic 6 level.	Time: 1:00 max.
Pre-Free Skate-Free Skate 6/ Adult 1-6	3 jump maximum. ½ rotation jumps only, plus the following full rotation jumps: Salchow and toe loop.	May not have passed any official U.S. Figure Skating free skate tests.	Time: 1:30 max.
Adult Pre-Bronze	3 jump maximum. No Axels or double jumps permitted.	Must have passed no higher than U.S. Figure Skating Pre-Preliminary or Adult pre-Bronze free skate test.	Time: 1:30 max.